



LACON
CHILDE
SCHOOL

YEAR 10

**REVISION SUPPORT
GUIDE FOR STUDENTS
AND PARENTS**

Dear Year 10,

As we break up for the holidays, I would like to give you some information about your exam week which is early next term. Friday 12th April to Friday 26th April.

There is nothing to worry about and I hope you will approach the exams with the same 'can do' attitude and apply yourself fully to the tasks set like you have done with all the challenges that you have faced so far this year.

Your exams will take place in the school hall, and this will be no different to any other years. This booklet will give you and your support network some guidance and helpful points to ensure you work effectively and are able to achieve your very best.

Please share this booklet with those who will help you prepare for your exams as there will be information in here that will help them to help you exceed your potential.

Kind regards

Mrs Rentell

Revision Tips and Ideas

Index Cards

The main points can be written out on cards to carry around with you. You can add colour and symbols which can be used to trigger your memory.

Post Its

Stick post it notes with key ideas in your bedroom, on the bathroom mirror, in the fridge and any other key places around your house.

Posters

Colourful and dramatic posters which summarise key information can be placed around the house at eye level or above.

Highlighter Pens

These are great for picking out key points and identifying keywords.

Diagrams

Use diagrams, flow charts, spider diagrams, lists etc. to organise your thinking.

Reading Out Loud

This can help you by making you slow down and organise your thoughts.

Record Facts and Topics

Record yourself reading out notes and then listen to it when exercising or just as a different way of revising.

Test, Cover and Re-Test

Learn something, cover it over and test yourself. Check and repeat as necessary.

A Place to Study

Having a set place to study is a good idea. This means you can quickly get into the right habits and always associate work with your designated space.

Your study room should be quiet, not too hot or cold.

Your eyes will get tired. Make sure there is plenty of light.

A table lamp is great, along with a table and chair.

A cosy chair or bed may not be helpful when trying to concentrate.

Make sure you have all the equipment you need before you start.

Do not study with the TV or radio on. You will be continually distracted.

Remove or switch off social media. This will be a huge distraction if you do not have high levels of self-discipline.

Ensure members of the household know when you are revising so that they can be supportive and help you to avoid distractions.

Tips for parents and carers.

Exams can be just as stressful for parents and the pupils. Hopefully the following tips will help to ease some of the stresses.

- Talk to your child about how best you can support them.
- Agree the balance between work and social life and stick to the agreement.
- Simple organisation can be a real issue for some children.
- Help your child plan their revision programme.
- Provide plenty of encouragement and praise, consider a reward structure.
- Keep track with regular check-ins and try not to nag in between times.
- Show an interest in how their revision is going.



Essential Equipment for exams

3 x Black Pens

Pencils

Rubber

Pencil Sharpener

Ruler

Calculator

Subject Specific Equipment

(Colouring Pencils for some subjects)

All this should be placed in a clear pencil case or sandwich bag, usual fabric pencil cases are not allowed in the hall.